

Strengths:

What you contribute to improve outcomes for those you are serving

Language proficiency – a bridge for monolingual Spanish-speaking Asylum Seekers and monolingual English-speaking Staff

Cross-cultural communication – beyond language, you provide a strong cultural awareness to communication both verbal and non-verbal

Cultural knowledge – Without biases and assumptions you are able to be a natural helper when it comes to cross-cultural communication

Bicultural abilities – navigating cultural environments both for the culture the Asylum Seekers are coming from and the one they are entering



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



<https://techtransfercenters.org/southern-border-resources>

SAMHSA
Substance Abuse and Mental Health
Services Administration

Increased Burden

Vicarious Trauma

Increased Responsibility

Increased Self-Imposed
Responsibility

Stressors and Opportunities:

Normalizing what you
are experiencing and
taking a moment for
self-care

More Resources



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